Comets took out the point score at the Novelty Carnival held at the pool on Friday. They were closely followed by Asteroids, then Satellites and Meteorites. It was a very busy afternoon! Noodles, hoops, kick boards and bean bags were flying in all directions as the swimmers rotated through different activities. Thank you to all students who took part in the afternoon in such an enthusiastic and positive manner!

Our School well represented at Zone Swimming Carnival

Last Friday Binnaway Pool was the venue for this year’s P.S.S.A. Zone Swimming Carnival. The day was very warm as the best swimmers in the zone showed their wares in ideal swimming conditions.

Our school provided four champions on the day, Charley Isedale (Junior Boys), Darcy Clifton (11 Years Boys), Fergus Atkinson (Senior Boys) and Tamika McGlashan (Senior Girls), all of whom swam beautifully.

Other successful swimmers from our school, who now have the opportunity to compete at the Area Carnival at Armidale on 10th March in individual events, include Kyan Howard, Oliver Kearney, Arky Gilson, Harry Willoughby, Johnathan Evans, Chloe Schmidt, Tara Walker, Myah Sullivan and Tessa Smith.

Additionally, the Junior Boys and Girls and Senior Boys and Girls Relay Teams all earned the right to compete at Armidale with their performances.

Keep training hard. We wish all the competitors the best for that day.

The SRC would like to ‘Welcome Yr 3’ to a disco to be held on Thursday the 6th of March in the school hall. The social commences at 7pm and finishes at 9pm, with all students in Years 3-6 invited to attend.

Entry costs $3, with all proceeds going to the SRC

Come along and dance the night away with your friends!
Willoughby’s Weekly Words

It was great to see the fine performances of so many of our students at last Friday’s P.S.S.A. Zone Swimming Carnival in Binnaway. The effort and the attitude of nearly all on the day should be commended.

Congratulations go to Charley, Darcy, Fergus and Tamika, champions in their respective sections, on a job well done.

Monday night saw the election of the new committee on the P & C for this year.

Congratulations to Sallie (President), Cathy (Secretary) and Tammy (Treasurer) on your election to these vital roles.

It is very important all parents support the executive as they continue the fine work done by the outgoing committee, Sallie, Raylene and Sarah. Thank you to all of you on a job well done over the last few years.

P&C News

The P&C AGM was held on Monday 24th February. The office bearers for 2014 are:

President: Sallie Turner
Vice President: Venessa Houley
Secretary: Cathi Abberton
Treasurer: Tammy Bartlett

P&C will meet on the 3rd Monday of every month, holidays excluded.

Grandparents Day is coming up on Thursday 20th March. Donations of cakes and slices will be appreciated as well as volunteer help on the day.

Library News

The Library is open on Tuesday and Wednesday lunchtimes. The iPods and iPads are available on these days.

Canteen News

This week’s Meal Deal

Small Salad Container. Add your choice of ham or chicken or tuna or egg. Collect a bottle of water as well ... all for $5.00!

If you would like to help in the canteen to cut up fruit or make sandwiches, please call into the Canteen and let us know what day is best for you. Your help will be very much appreciated.

What’s on at CPS?

Fri 28 Feb: B’ball/Tennis/Hockey Trials @ Coolah
3 - 6 March: PSSA Boys Cricket in Sydney
Mon 10 March: North West Swimming - Armidale
Wed 12 March: CSIRO Workshops
Thurs 13 March: CSIRO Workshops
Tues 18 March: ‘Beating Around the Bush’ Performance
Thurs 20 March: Grandparents Day
T1, Week 10: Science Fair

If you would like to receive this newsletter electronically each week, please contact the school on the email address listed below, or phone the school and provide your email address.

Coonabarabran Public School
Newell Hwy, PO Box 169
COONABARABRAN NSW 2357
Ph: 6842 1771 - Fax: 6842 2416
email: coonabarab-p.school@det.nsw.edu.au
Early Stage 1 & Stage 1, 2 & 3 Assembly Awards

KS: Jasmin Whitton
KS: Deacon Dumas
KH: Jarrod Wood
KH: Jaylah Fuller
1A: Elana Tuaoi
1A: Nathanael Hartberg
1E: Michael Whitton
1E: Sonny Bill Walker
2I: Western Waterhouse-Peck
2N: Darcy Weatherall
2N: Josie Strong
2N: Isaac Menz
3R/H: Shafin Salim
3R/H: Isobelle Deshon
3R/H: Kiara Chatfield
3R/H: Jye Robbins
3/4H: Rebecca Kenyon
3/4H: Dante Lloyd
3/4H: Monique Bragg
4C: Tim Bennell
4C: Mahdi Al Kredy
4C: Lando Evans
4C: Lani Darko
4/5A: Cooper Hayes
4/5A: Heaven-Leigh McAway-Davis
4/5A: Jacob Bonello
4/5A: Brenna Kennedy
5/6A: Millie McEvoy
5/6A: Katami Sutherland
5/6A: Andrew Moody
5/6A: Ellenah Wall
5/6C: Oliver Kearney
5/6C: Kaitlyn Reynolds
5/6C: Carlen McFarlane
5/6C: Cordy Lloyd
5/6W: Tanya Johnson
5/6W: Manisha Athula
5/6W: Tessa Smith
5/6P: Courtney Abberton
5/6P: Shane Whitton

- Trying hard in reading.
- Showing confidence in reading.
- Lovely handwriting.
- Confident news.
- Having five-star manners.
- Being a very quiet and sensible worker.
- For a beautiful rocking horse artwork. Five-star work!
- For being a persistent worker and catching up on all homework tasks.
- Completing all his maths work.
- Beautiful neat work in all his books.
- Confident information about Brlogas.
- A very settled start to Year 2.
- Excellent work in all activities.
- Fantastic work on ‘Mr Fox’!
- Being helpful to all class members.
- YCDI - being organised and ready to learn.
- A great start to Year Four!
- Settling in well to his new class.
- Being organised and on time.
- For organising the classroom and keeping everything in its place.
- For settling well into Coonabarabran Public School.
- Great ideas in Science and Technology.
- Being resilient.
- A great start to the year.
- Her great work habits.
- Being the greatest puzzle solver in 4/5A.
- Great work habits and always being organised.
- Being organised and focussed in Literacy.
- Showing kindness in class to help others.
- Great enthusiasm discussing WWII.
- Working diligently always in class.
- An organised start to 2014.
- Settling into 5/6C without a fuss.
- Being a wonderful new addition to Coonabarabran Public School.
- Being a settled and hard-working class member.
- Always organised with her equipment.
- Winning this week’s Boggle challenge.
- Always being a wonderful helper.
- Her organisation skills.
- Great work in Reading.

WANT TO LEARN TO PLAY?
The flute, clarinet, saxophone, trumpet or trombone?
Try out an instrument, have lessons, join the Band and have FUN!
3RD & 4TH MARCH
All details from Pam Lee - 6842 1953
THE COONABARABRAN POWER OF MUSIC PROGRAM
Mark and Jo Walton
in conjunction with the Orbital Swing Band

WANTING TO GET BACK INTO THE WORKFORCE? (Flexible days and hours)
WANTING TO WORK FROM HOME?
LOOKING FOR A REWARDING CAREER, OR FOR A CAREER CHANGE?
WHAT ABOUT A CAREER IN EARLY CHILDHOOD?
Family Day Care Educators are needed in your area!
Castlereagh Family Day Care is looking for caring, enthusiastic, healthy and reliable people who are passionate about working with children and families. All you need is a warm and caring heart and a love for children.
Did you know FAMILY DAY CARE EDUCATORS run their own business from their home, and are self-employed? You can choose your own time and hours you would like to work. For further information please contact Castlereagh Family Day Care on 6842 2222.
Castlereagh Family Day Care will support you all the way and also provide you with numerous training opportunities.

A pair of children’s reading glasses have been found in the Infants playground.
Contact the office on 6842 1771
Positive parent participation demonstrates to children that you value learning as well as holding their school in high regard.

If you want the best outcomes for your child or young person then it’s important that you become involved in as many aspects of your child’s education as practical.

The involvement of parents helps break down the mystique about school that can exist for some children. Their chances of success are better when they see school as an extension of home rather than merely an institution for learning.

Positive parent participation demonstrates to children that you value learning as well as their school. Children copy many of their parents’ views so your positive attitude to school and learning is catching.

Parent involvement takes energy

Many primary schools offer parents classroom jobs such as hearing kids read, taking small groups in elective activities and assisting children when writing stories.

Unfortunately, finding parents who are willing to take part in these activities is increasingly difficult. Many parents find themselves worn out from working too hard or being involved in a variety of activities. They find themselves with no energy left to be involved in their child’s school.

Make sure kids are school ready every day

Participating as a parent can be much broader than helping out in the classroom. There is a range of simple things you can do at home that will assist teachers to maximise the learning of your child.

These include: talking with your child about their day, hearing young learners read, helping with homework and making sure kids go off to school happy, healthy and having had plenty of sleep.

Here are some more ideas to help you participate in your child’s education in positive ways:

- **Find out** what your school is trying to **achieve** for your child and show your support for its aims. Discover what sets your child’s school apart from others.

- **Support** a broad, balanced curriculum that offers children a **variety of educational experiences** rather than a program that focuses narrowly on the traditional 3 R’s.

- **Direct conversations** through the **correct channels**, such as your child’s teacher, the principal or the school’s governing body. Gossip or thoughtless criticism within the general community can easily tarnish a school’s reputation.

- **Become an advocate** for your child’s school and promote its positive features throughout the wider community. Encourage your child to take **pride** in their school through your example.

- **Attend** school activities such as open days, concerts, sports events and celebrations. **Invite** other members of the community along as well.

- **Consult** with your child’s teacher about practical ways that you can assist both at home and at school.

Positive parent participation in school and learning is a proven contributor to student success. One practical way to assist your child as a learner is to become actively involved in his or her school life.


on facebook: [facebook.com/Parentingideas.com.au](http://facebook.com/Parentingideas.com.au)

on twitter: [twitter.com/michaelgrose](http://twitter.com/michaelgrose)

You can also become a member of [www.parentingideasclub.com.au](http://www.parentingideasclub.com.au) for articles, videos, guides, how to’s and book reviews.
Welcome to 5/6A

5/6A had a wonderful start to the year. I am delighted with my class for 2014. We have some wonderful students from last year who have shown great leadership towards the Year 5 students who have entered Stage 3.

Our first couple of weeks were spent getting to know each other, along with setting our routines and classroom rules. The students have responded with great enthusiasm and have had terrific contribution towards setting up our classroom.

Our term is going to involve the study of Global Connections in literacy, investigating micro-organisms in science, the continual growth in Maths as well as learning interesting facts about Antarctica. In these photos below, 5/6A are demonstrating the need to work as a team. This is a very important part of our classroom, as by working together we learn from each other, respect and support each other every day. I look forward to assisting 5/6A in having a fun filled education. I know we are all going to have a great year.

If anyone let go of the string the spider web would be ruined. We had to work as a team with all our movements to maintain our creation.

Julie Anderson
Living Skills with Mr Lowe

Over the course of the year, some students will be having weekly lessons with Mr Lowe to learn about and practice living skills. All of us need to learn to be more independent; some needing more support than others. In our lessons we will cover topics and skills that included growth and development, Child Protection, healthy relationships, hygiene, acceptable social skills and behaviours, cooking and nutrition, personal safety, road and water safety and use of technologies.

<table>
<thead>
<tr>
<th>Date</th>
<th>Tuesday Group 3-6PM</th>
<th>Wednesday Group</th>
<th>Date</th>
<th>Tuesday Group 3-6PM</th>
<th>Wednesday Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 March</td>
<td>Cooking for the Show</td>
<td>11:20am - 12:45pm</td>
<td>5 March</td>
<td>Swimming</td>
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<tr>
<td>11 March</td>
<td>Social Skills</td>
<td></td>
<td>12 March</td>
<td>Swimming</td>
<td></td>
</tr>
<tr>
<td>18 March</td>
<td>Social Skills</td>
<td></td>
<td>19 March</td>
<td>Cooking</td>
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<tr>
<td>25 March</td>
<td>Personal Hygiene</td>
<td></td>
<td>26 March</td>
<td>Social Skills</td>
<td></td>
</tr>
<tr>
<td>1 April</td>
<td>Cooking - Easter theme</td>
<td></td>
<td>2 April</td>
<td>Personal Hygiene</td>
<td></td>
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<tr>
<td>8 April</td>
<td>Cooking - Easter theme</td>
<td></td>
<td>9 April</td>
<td>Cooking - Easter theme</td>
<td></td>
</tr>
</tbody>
</table>

On Tuesday 18th March there will be a performance in our school hall. It’s called ‘Beating Around the Bush’. This performance has been organised by Coonabarabran High School and our school have been invited to join them.

The cost will be $4.50 per student.

Please complete the permission note below and return to your child’s teacher, along with $4.50, to join the audience for this show.

I give permission for my son/daughter/ward

……………………………………… of Class …………………………… to attend the ‘Beating Around the Bush’ performance that will be held on Tuesday 18th March 2014 at 2:00pm in the Public School Hall.

I enclose $4.50 for the cost of the performance.

Signed: ………………………………………………………………………………….
**Coonabarabran Public School Anti-Bullying Plan**

**Aims**

The school aims to make school a happy safe environment for all students. We recognise that bullying does occur and that it needs to be dealt with swiftly and with thought for the procedure to be fair to all parties concerned. We also believe in building a strong supportive culture in the school, so that bullying and anti-social behaviour is not tolerated under any circumstances.

**What is Bullying?**

Bullying is a pattern of behaviour by a person, or group, towards another, which is designed to hurt, injure, embarrass, upset or intimidate that person. The behaviour is intentional, selective and uninvited. It can be:

- Physical
- The use of put-downs or insults
- Name-calling or teasing
- Damaging another person’s property
- Deliberately excluding others from activities
- Setting up humiliating experiences
- Cyber bullying

**Expectations of Staff, Students and Parents**

**Students** are expected to play safely; report all bullying incidents; and cooperate with other students and staff.

**Staff** are expected to encourage co-operative behaviour through cooperative learning; to be vigilant and proactive on playground duty; respond to all students concerns and complaints; assist with the identification of students who are using bullying behaviour; be positive role models for all students; and be aware of the school’s Welfare/Discipline Policy & DET policies.

**Parents** are asked to discuss these issues with their child; encourage cooperative behaviour in their children; discourage retaliation of any kind; encourage independence in their children; and encourage their children to tell a member of staff should they be a victim of bullying.

Our school has incorporated programmes such as ‘You Can Do It’ & ‘iKi’ that promote & encourage emotional Resilience, and social skills within students. These programs both teach students how to deal with issues such as bullying, how to react to them and where to go for help if bullying occurs to them or others.
**CPS Uniform Shop**
Girls & Boys
Summer & Winter Hats, Jumpers & Coats
Email your purchase request to: coonapsunifor@gmail.com
including your child's name and class. An invoice will be sent by return email and items sent home with your child.
Sally Turner
0422 981 199

**Coonabarabran Town Bus Service**
Free for Kindergarten, Year 1 & Year 2
Available to all students in the town limits.
Primary students have conditions applied depending on distance travelled.
Cost $1 per day if ineligible for free travel.
More info: 6842 2783

**Coonabarabran After School Care**
3.15 - 5.30pm Monday - Friday at St Lawrence's School
Coonabarabran Public School students catch the Rocky Glen bus.
You could pay as little as $8.50 per day with CCB.
You only pay the gap.
Check your CCB subsidy by ringing 1901 50
Enrol at Family Support Services Centre
phone: 6842 2222
Affordable - Fun - Safe

**Coonabarabran Physiotherapy**
Matthew Rouse
Physiotherapist B.App.Sc
68 Cassilis Street
COONABARABRAN
02 - 6842 2881

**Grace’s Uniforms**
For all your school uniform needs
From hats to socks, backpacks and shoes.
Shop 3/48 Dalgarno St
Phone: 6842 1670

**Newton’s Mechanical Repairs**
Daedong Tractor Sales
For all your mechanical needs
Truck or Tractor Repairs
On-Farm Service or Workshop
Hardi Sales & Service • Hydraulic Repairs
Air Conditioning • Rego Checks
Spare Parts • Consignment Sales
6842 1167
Crane St, Coonabarabran

**XLR8 promotions**
For all your promotional products and apparel
Trophies Clothing Embroidery Bags
Printing Headwear Graphic Design Signs
Sporting Equipment Uniforms
(02) 6842 3663
Email: info@xlr8promotions.com.au
www.xlr8promotions.com.au

**N & L Computer Repairs**
Norm Arkell
Ph: (02) 6842 1497 • Fax: (02) 6842 6355
Mobile: 0428 421 497
Email: nandy@coxmail.com.au

**COONABARABRAN JUNIOR RUGBY UNION**
Registration: Youth Club
Sat 1/3/14 - 9:00-10:30am
Thurs 6/3/14 - 4:00-5:30pm
Cost: $5.00 = registration only
$20.00 = registration/socks/shorts
Contact: Megan Clifton
6842 8259

**Coonabarabran Physical Culture Club**
Fun, Fitness and Friendship
Classes on Thursday afternoons & evenings for ages 3 through to Ladies
Contact: Leanne McWhirter
Phone: 0439 883 832

**Coonabarabran Pony Club**
Next Rally:
Sunday 2nd March 2014
Guest Instructor: Kim Taylor
9:00am Gear Check
Contact Lucy Evans
ph: 6842 3636

**Coonabarabran Junior Golf**
Coonabarabran Golf Club
River Road
Ph: 6842 1292
every Friday afternoon
3:30 - 5:00pm