Willoughby's Weekly Words

Welcome back. I hope all those who took holidays had a refreshing break.

The school calendar looks fairly pack for this term. This Thursday we have our N.A.I.D.O.C. Week activities and next Friday we have the School Athletics Carnival. All parents are welcome at both events.

Our first P & C Meeting for the term is next Monday. Attendance at the last meeting was very good but it is always great to see new faces so if you haven't been involved in the P & C this year, please come along and contribute to the cause.

The Spellathon was held in our school during the last few weeks of Term 2 and it was a great success. All students in Years 3 to 6 participated in the event and Mrs Crawley was impressed by the funds that were raised. The final count was $2,097.90 with the award for the 'Highest Earning Class' going to 5/6C who raised over $800.00. Darcy Clifton and Kaitlyn Reynolds were awarded for their efforts in being the highest fundraisers for the event; with Darcy raising $121.20 and Kaitlyn collecting $120.00. The funds have been handed over to the P&C and we look forward to using the money to purchase some great new resources for our school in the future.

Well done to all of the students who participated in the Spellathon and a BIG THANK YOU to those who made the effort to go out and seek sponsors for the event!

We're on the Web! View online at: www.coonabarab-p.schools.nsw.edu.au
Life Skills with Mr Lowe

We have another exciting term planned for those doing cooking life skills with Mr Lowe.

As part of our school’s policy of informing parents when we have excursions and trips out of school, I have included the planned lessons for this term. The Tuesday lessons will remain in school and have a cooking skills focus. The Wednesday group will have four scheduled shopping trips down to Woolworths where we will practice safely, purchasing groceries and general manners when greeting people.

These lessons are subject to change or alteration depending on weather, student behaviour and other unforeseen circumstances that may arise.

Here is a summary of the skills focus for each week for this term.

<table>
<thead>
<tr>
<th>Week</th>
<th>Tuesday Group</th>
<th>Wednesday Group</th>
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<tbody>
<tr>
<td>1</td>
<td>Garlic Bread</td>
<td>Cheesy Muffins</td>
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<tr>
<td>2</td>
<td>Meat Balls</td>
<td>Sausages</td>
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<td>3</td>
<td>Muffins and Hot Chocolate</td>
<td>SHOPPING</td>
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<td>4</td>
<td>Toasted Sandwiches</td>
<td>Quiche</td>
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<td>5</td>
<td>Chicken Schnitzel and mash</td>
<td>SHOPPING</td>
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<tr>
<td>6</td>
<td>Pizzas</td>
<td>Meringues</td>
</tr>
<tr>
<td>7</td>
<td>Meringues</td>
<td>SHOPPING</td>
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<tr>
<td>8</td>
<td>Rissoles</td>
<td>Simmer Sauce Meal</td>
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<td>9</td>
<td>Fried Rice</td>
<td>SHOPPING</td>
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<tr>
<td>10</td>
<td>ASSESSMENT OF SKILLS</td>
<td>ASSESSMENT OF SKILLS</td>
</tr>
</tbody>
</table>

Although not all students get to have these lessons, perhaps you as parents can get your children involved in some cooking at home. Above are some suggestions of simple meals that children can learn to do independently. Food, fun and family time … what a combination!

Mr Lowe

P&C News

On Friday 25th July, the P&C will operate the barbecue at the Primary Athletics Carnival at the Town Oval. Thank you to Mrs Park, Mrs Barac and Mrs Clifton who are going to help on the day. Let’s hope for a beautiful Coonabarabran winter’s day … a crisp frost followed by glorious sunshine!

Thank you to Mrs Crawley for coordinating the Spellathon and to all students who participated enthusiastically and collected their sponsorship money. The total amount raised was $2,097.90! Well done everyone!

The next P&C meeting will be held on Monday 21st July at 7:00pm at the Gecko Red Restaurant. Please feel welcome to join the P&C and participate in the activities we do to support our school and students.

President: Sallie Turner - 0422 981 199

Book Week

is from Monday 18th August to Friday 22nd August. Watch this space for more details!

Lunchtime in the Library

Tuesday: reading, drawing and iPads.
Wednesday: is board games day. Please join us and enjoy the new games our school has purchased for the Library.

Book Club

The latest issue of Book Club will go home today, Wednesday 16 July.

Mrs Meyers

What’s on at CPS?

Fri 18 July: PSSA Cross Country @ Eastern Creek
Mon 21 July: P&C Meeting
Fri 25 July: Primary Athletics Carnival
Tues 29 July: UNSW English Competition
Tues 5 Aug: Musica Viva
Fri 8 Aug: Zone Athletics Carnival
Tues 12 Aug: UNSW Maths Competition

Your Opinion matters

Your child will bring home a survey this week which we are hoping all parents will complete. This information will guide future decision making for educational and extra curricula programs. The survey is anonymous. For every survey returned, a raffle ticket will be awarded to both parent and child to go into the draw for a Woolworth’s gift card.

Please return surveys to your class teacher by Wednesday 23rd July. The raffles will be drawn at Thursday’s assembly.

Canteen News

This week’s special Meal Deal!

Chicken and chips and warm chocolate - $5.00

Coonabarabran Public School
Newell Hwy, PO Box 169
COONABARABRAN NSW 2357
Ph: 6842 1771 · Fax: 6842 2416
email: coonabarab-p.school@det.nsw.edu.au
Chess Champions x Two!

On June 25th, the two Coonabarabran Public School Chess Teams went to play in the second round of the Tamworth Zone NSW Junior Chess League Competition. Both teams successfully topped their respective grades with the A Team coming first out of six teams with a total score over ten rounds of 29.5. The next closest team had a score of 25. This makes us the official Tamworth Zone winners and this team (Fergus Atkinson, Harry Willoughby, Chris Reynolds and Anikan Evans) will now play the Armidale Zone winners in the near future.

Although there is no ‘next level’ of competition for our B Team, they too topped their grade coming first out of 13 teams with a score of 16.5, beating the next closest team by half a point. Nils Thomas, Lachlan Meier, Jacob Meldrum-Bandman and Daniel Dicks have done our school proud and I hope this experience will encourage them to play even better at the next competition.

I wish to thank the parent drivers, Mr Angus Atkinson and Mrs Virginia Thomas for assisting with transport and supervision on the day. Without their help our teams would not have been able to participate.

I would also like to thank the boys on our team (and their parents) for making the tough choice to represent our school in chess as some were also selected to play in the David Peachey Cup (Rugby League), which was scheduled on the same day as chess last term.

There is another opportunity for chess players to represent our school with a One Day Tournament held later this term in Gunnedah. For those students who didn’t get to play and would like the opportunity to play competitively against other players, this is the competition to play in.

More details will be given to those who regularly attend our Chess Club meetings on Monday and Thursday lunchtimes in the library. Congratulations once again to the success of our chess players!

Mr Lowe

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Primary Athletics

The Primary Athletics Carnival to be held on Friday 25th July at the Town Oval.

The top sixteen qualifiers in each field event for each age group have been selected and names are posted on the blackboard near the Shelter Shed in Week 1 of Term 3.

Check the board to see if you have been successful in the try-outs.

All students will be entered in the 100 metre and 200 metre races. Nominations will be taken on the day for the 800 metre event.

Good luck everyone!

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In Term 2 most of the Primary classes learnt about Egypt during Library lessons. We explored a cultural journey through the Pyramids, the Sphinx and along the River Nile. We wrote in hieroglyphics and learnt about the ancient kingdoms and pharaohs!

To culminate this unit of work, Mrs Venessa Houley came along to our Library lessons as a guest speaker in Week 10 to share her knowledge of Egypt.

Mrs Houley has travelled through Egypt and shared photographs and stories from this amazing and ancient culture.

Mrs Houley also made hommus and naan bread as part of our Egyptian experience.

We would like to thank Mrs Houley for sharing her wonderful knowledge of this amazing country.

Learning about Egypt

Mrs Meyers
COONABARABRAN PUBLIC SCHOOL

NAIDOC CELEBRATIONS

“A most special invitation is given to all Aboriginal Elders, Parents, Grandparents, Aunties, Uncles and all other relatives to attend Coonabarabran Public School’s NAIDOC Celebrations.”

Thursday 17th July 2014

NAIDOC DAY GAMES DAY AGENDA

10:30-11:00 FLAG RAISING CEREMONY -

1. Principal - Mr Noel Willoughby - Acknowledge Tradition Owners.

2. Year 6 Aboriginal Student - Tara Walker - Reading of NAIDOC Theme for 2014.

3. 1 Minute Silence - For Aboriginal soldiers and all who fought in all wars to protect our country.


5. Aboriginal Community Member - Mr Patrick Chatfield - Smoking Ceremony.

11:00-11:30 MORNING TEA - Elders, Parents and community to join Staff. Viewing of Local Aboriginal Stories produced into Books by Years 3-6

11:30-2:45 ABORIGINAL GAMES - All students from K-6

Elders, Parents and Community welcome to stay and watch, or take part if they wish.
Class Focus: 3/6K

3-6K love creating and making! They have wonderful imaginations and particularly enjoy creating things out of cardboard boxes. They are also very clever at designing and we had lots of fun last term making very technical domino trails. YouTube has some great drawing lessons and we have been learning about perspective and proportion while having lots of fun drawing familiar characters.

On Tuesday afternoons we join Mr Lowe and 3-6P for cooking and yesterday we filled up on delicious garlic bread, experimenting with different sorts of bread and fresh and bottled garlic.

We are looking forward to Dallaz returning next week and we hope he is having fun at Manly this week.

We are also looking forward to the sports carnival next Friday as we have been doing lots of training for the field events.

Mrs Kearney
Component 2: Social and emotional learning for students

Component 2 focuses on supporting the development of social and emotional skills for all students. It promotes four core social and emotional competencies including self-awareness, self-management, social awareness, relationship skills and responsible decision making. KidsMatter Primary schools incorporate these competencies into their curriculum and give students an opportunity to practise and transfer these skills.

The Kids Helpline counselling service, along with the Kids Helpline @ School program, can help your school to address Component 2 Target Area 1: Effective social and emotional learning (SEL) curriculum for all students.

Social and emotional curriculum:
- covers the core social and emotional competencies (self-awareness, self-management, social awareness, relationship skills and responsible decision making)
- has research evidence of effectiveness or is underpinned by a sound theoretical framework

You may meet aspects of Target Area 1 by:
- providing students with direct information from Kids Helpline @ School on topics relating to self-awareness, self-management, social awareness, relationship skills and responsible decision making (e.g., Kids Helpline @ School ‘feeling sad’ and ‘friendship – making/keeping friends’ session topics)
- supporting teachers who have co-facilitated sessions with a Kids Helpline counsellor to integrate information into the curriculum in relation to social and emotional learning
- offering informative resources about session topics that can be passed onto families and practised at home. Hot Topics for children and parents and carers are available via the Kids Helpline website (www.kidshelp.com.au).

Reflective questions

How do you see the Kids Helpline @ School sessions being used in your school community?

How might this help achieve your goals of supporting children’s mental health and wellbeing?

How might you measure the impact of providing the information sessions to your school community?

Are there other ways that the Kids Helpline Hot Topics and Kids Helpline @ School program can assist you to implement KidsMatter?
My Friends and I

On Wednesday 25th June, Coonabarabran Public School students from Years 2 - 6 viewed a performance called ‘My Friends and I’.

The performance was a puppet show based on an anti-bullying theme. All staff thoroughly enjoyed the show and took away with them some very helpful information. New skills included being resilient and knowing what action to take if you are being bullied. The show also talked about bullies often behaving in the way that they do because they are in need of friends.

Here are some of the student’s thoughts after the show:

‘I learnt to never keep bullying a secret and to always tell an adult about it. If you’re a bully and you want to stop bullying, then tell someone you trust about your problem and tell them why you are being bullied.’

4/5A

‘I learnt that you talk firm. And if one adult doesn’t do something you keep telling other adults until they do something.’

4M

‘Louise taught us the easier way to understand bullying. And how to deal with it. She said how to walk away from bullies with her puppet Jessica. Louise also said it’s best to tell an adult when they’re continuously teasing you. She also told us a story which had bullying in it but like any other story it has a happy ending. She also told us how to solve it by telling an adult or walking away.’

3K

‘Louise taught me lots of things like walk away and if they don’t stop following you, tell an adult you trust.’

3K

BULLYING. NO WAY!

Australia’s safe and supportive school communities getting to the heart of the matter!