Two New School Records Broken at the Primary Athletics Carnival!

After scanning the skies and checking many weather apps to watch the radar it was decided to defy the rain clouds and go ahead with the athletics carnival for Years 3 - 6 at Coonabarabran’s No 1 oval. Thankfully there were only a few light showers later in the day that caused any problems.

As usual the day began with the girls completing in the track events and the boys doing their field events. One new record was set during this time by Darcy Clifton in the Discus competition. The new record is 35.85 metres. It was held by Matthew Mash and set in 2000. Darcy exceeded Matthew’s record by 12.69 metres!!!

Next the boys completed their track events while the girls completed their field events. Again one record was broken and again it was by Darcy Clifton in the 200m. This time the margin was tight. Until Friday it was held by Anton Presnell at 29.54 seconds and has stood since 1988. Darcy’s new record is 29.40 seconds.

The high jumps were next on the event schedule and the crowd watched and waited patiently to see who was going to win. As the showers began to get heavier the relays were quickly organised and run with much cheering from the grandstand.

Due to the light rain making the run up slippery one high jump had to be postponed and was held on Monday at school. And due to some technical problems the senior boys and girls shot put also had to be re-run at school on Monday.

Following the tallying up of scores the winners were:

<table>
<thead>
<tr>
<th>Champion House:</th>
<th>Asteroids</th>
<th>Spirit Trophy:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Boy Champion:</td>
<td>Charley Isedale</td>
<td>Senior Girl Champion:</td>
</tr>
<tr>
<td>11yr Boy Champion:</td>
<td>Darcy Clifton</td>
<td>11yr Girl Champion:</td>
</tr>
<tr>
<td>Senior Boy Champion:</td>
<td>Fergus Atkinson</td>
<td>Senior Girl Champion:</td>
</tr>
<tr>
<td>Satellites</td>
<td>Rebecca Kenyon</td>
<td>Finlay McElhinney</td>
</tr>
<tr>
<td>Tara Walker</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Athletes who came first, second, third or fourth, except relays, will be able to compete at the Zone Carnival, in Coonabarabran, on Friday 8th August. Information and permission notes were sent home with individual students during the carnival but if anyone missed receiving a note they need to get one from Mrs Pincham.

Carnivals like this do not happen without the co-operation of many people. Thank you to the P and C for providing the canteen, the council for the preparation of the grounds, the Rugby League Club for the PA system, the High School students and the many staff, parents and community members who helped out in numerous ways before, during and after the carnival.

Introducing our new School Chaplain

Dear students and parents,

My name is Li Yean and I am the new chaplain at Coonabarabran Public School.

Some of you have seen me out playing handball with your school friends or I may have visited you in your class.

Swimming is my favourite sport and some of you will have met me at the Town Pool when I swim laps. I also like to cook.

This is my third week at Coonabarabran Public School and I have enjoyed every moment I am at school.

I look forward to getting to know all of you.

Li Yean, Chaplain

We're on the Web! View online at: www.coonabarab-p.schools.nsw.edu.au
Library News

Book Week
Monday 18th through to Friday 22nd August

Character Dress Up Day
On Thursday 21st August, all children K-6 are encouraged to dress up as their favourite book character. We will have a parade of each class following the morning assembly. Please note: This is a dress-up and parade to promote ‘books and reading’ in our school. It is not a competition. All students who dress-up will be rewarded with bussies.

Catch the Beat for your Library

Town Library Visits
During National Book Week, classes from K-4 will walk to the town library to listen to Mr Furnell read a shortlisted book to them. This excursion is covered by the General Permission Note.

Tuesday 19th August - 9:00am 1A & 2I
- 11:20am KS & KH
- 1:40pm 4M, 4A & 3/4P

Wednesday 20th August - 9:00am 3/4H & 3R
- 1:40pm 1E & 2N

Book Club
The latest Book Club issue is due back at school by no later than Friday 8th August.

Mrs Meyers

P&C News

Thank you to all the helpers who contributed their time at Friday’s Primary School Athletics Carnival. Megan Clifton, Alicia MacFarlane, Raylene Bonello, Li Yean Wong, Greg Ryan, Katrina Bowman, Paddy Cain, Paula Duggan, Yvonne Nixon and the Coonabarabran Rotary Club... thank you!

Once again we will be looking for volunteers to help at the Zone Athletics Carnival on Friday 8th August. We will commence setting up the canteen at 8.30am and your help for an hour or so during the day will be very much appreciated. Please contact Sallie Turner on 0422 981 199 to volunteer your time and enable a roster to be planned.

The Uniform Shop are desperately seeking girls’ uniforms. If you have any girls uniforms that are outgrown and are in reasonable condition, please consider donating them to the Uniform Shop.

Your Opinion Counts

Thank you to everyone who completed and returned the survey. The surveys provide us with valuable information for the improvement of our school.

Congratulations to Izic Webb and Christine Kennedy who were the lucky winners of the $20 Woolworths Gift Cards. We hope you spend them wisely!

What’s on at CPS?

Tues 5 Aug: Musica Viva
Fri 8 Aug: Zone Athletics Carnival
Tues 12 Aug: UNSW Maths Competition
18 - 22 Aug: Children’s Book Week
1 Sept - 4 Sept: Stage 3 Water Safari
Thurs 11 Sept: Performing Arts Night (PAN)

For the safety of our students, please shut the gates when entering and leaving the school grounds.

Canteen News

Sauce-bottles
All sauce will now only be sold in sealed containers as a health control measure.

A squirt of sauce is no longer available. This also includes foods purchased over the counter at Recess.

Tomato/BBQ/Sweet & Sour Sauce will be sold at .30c per sachet. Please add this extra when placing your order.

Coonabarabran Public School
Newell Hwy, PO Box 169
COONABARABRAN NSW 2357
Ph: 6842 1771  Fax: 6842 2416
email: coonabarab-p.school@det.nsw.edu.au
Early Stage 1 & Stage 1 Assembly Awards

KH: Katrina Whittall
KH: Toby Schmidt
KS: Zane Jenner
KS: Harrison Mathews
1A: Jake Deshon
1A: Sam Fleming
1A: Lily Burton-Turner
1A: Kylara Walker
1E: Brock Fyte
1E: Myah Cox
2i: Hunter Kelly
2i: Kamani Pettiford
2n: Toby Kelly
2n: Celeste Magee
2n: Logan Fyte

For being such a great helper in KHI. Thank you!
For always trying to do his best at school.
Fantastic news presentation.
Being a confident and enthusiastic learner.
For knowing negative numbers.
For trying his hardest in Maths.
For improving her writing skills.
For improving her writing skills.
Welcome to our school.
For confidence in all lessons.
Improved behaviour.
Showing Resilience at school.
Fabulous writing about Dinawan.
Fantastic work in learning centres.
Welcome to Coonabarabran Public School.

The Wallabies are coming to Dubbo!!!

When: Monday 4th August 2014
Where: Apex Oval, Cobra St, Dubbo
Time: 2.30 pm to 4.30 pm
Why: Open Training Session

This is an opportunity to meet the Wallabies at an open training session before they take on the All Blacks at ANZ Stadium on Saturday 16th August.

Also get up close and personal to the iconic BLEDISLOE CUP trophy!

And, there’s chances to win great prizes.

Wallabies

Short Courses

At The Old Supper Room
54 Dalgarno St (Through the archway)

SINGING BASICS FOR KIDS
6 Week Course
Starting 30th of July  Cost $60
Wednesday Afternoons 4:30-5:30pm  For kids over 7
Focusing on good technique, breathing and body awareness
And of course... FUN!

LEARN HOW TO MEDITATE
6 week course
Starting 7th of August  Cost $60
Practical Meditation techniques you can use to enrich your life
Enjoy the many health benefits!
Thursdays 5-6pm  Open to all!

YOUTH DANCE CLASSES
TUESDAY AFTERNOONS
3:30-4:30 pm ages 6-11
4:30-5:30 pm ages 12-17
Term 3, for an 8 week course Starting 22nd of July
Cost $65 or $10 pr class

To reserve your place, contact Kira
PH: 0410 555 629  E: outbacksoundtrack@gmail.com
Bookings are ESSENTIAL!

*minimum numbers required for courses to run

Create Your Own Cricket Moment

playcricket.com.au
Writers Wanted!

$1000 cash and your choice of a
Sony 32" HD TV + DVD Player
Flagstone 4
Toshiba One

Entry is NOW OPEN in the 2014 Schools Writing Competition! Students all over Australia are invited to enter their short stories OR poems, and battle it out for the great cash prizes on offer.

There is no theme!! Entrants are encouraged to let their imaginations run wild and get their creative juices flowing to write on ANY TOPIC and in ANY STYLE. Students from ALL GRADES are welcome to enter - Kindergarten to Grade 12.

Entry is FREE and all entries must be in by Sunday 31st August 2014.
Go to www.write4fun.net for more information

Coonabarabran Tennis Club
Junior Tournament

An Open Junior Tournament will be conducted by the Coonabarabran Tennis Club on 6th & 7th September 2014.

Under 11, Under 13 and Under 17 Singles and Doubles events in a Round Robin format.

For further information contact:
Kevin: 6842 4480
David: 0429 395 199

When school is a long way from home

To apply online and see full terms and conditions visit transport.nsw.gov.au/pvc

Now you can apply online for the Private Vehicle Conveyance (PVC) subsidy

If you’re not close to public transport and need to drive a student to a bus stop or school, the Private Vehicle Conveyance (PVC) subsidy can provide twice-a-year payments to help you cover the expenses.

Can’t get online?
Ask about the PVC subsidy at the school or call 1800 010 123 for more information

musica viva in schools

The Chambermaids are one of Australia’s premiere chamber music groups and they offer students the perfect introduction to the wind family. This is an uplifting and fun performance in which the girls play wind instruments both familiar and foreign including flute, clarinet, bassoon, French horn and the noisy hosepipe horn. This bright and bubbly quintet perform a varied and engaging repertoire ranging from Disney’s Aladdin, to a new Australian wind quintet by Elena Kats-Chernin, excerpts from Pirates of the Caribbean, and Klezmer folk music.

I give permission for my child/ren .................................................................................................. of Class(es) ................................ to attend the Musica Viva in Schools performance by The Chambermaids at the Coonabarabran Primary School Hall on Tuesday 5th August 2014. I understand the cost of the performance is $3.00 per child and I include a total of $.......................... for my child/ren to attend.

Parent/Carer Signature: .......................................................... Date: ..................................................
Class Focus: Reading Recovery

Every morning from 10:30 to 11:00am, this group of students come to Mrs Wilkin’s Reading Recovery classroom to work very hard on increasing their Literacy and Reading skills. We have varied activities that include Reading for Meaning ... knowing words in context, find the beginning, middle and ends of words, grouping similar words together, finding common blends and learning how to attack new words through use of these skills.

The children have all worked very hard through the terms and are now concentrating on reading more fluently and competently through the different stories and levels.

Sometimes lessons are juggled to include a SmartBoard activity that have sounds and blends songs, Wonderwords, mystery passages to read and answer questions, and of course testing our knowledge of common sight words or even a quiz.

Well done to all students who always try their best to improve their skills while in lesson time.

Mrs Wilkin
Component 4: Helping children with mental health difficulties

Component 4 focuses on recognising and responding to children who may be experiencing mental health difficulties. It aims to increase awareness of mental health difficulties and how to seek help.

The Kids Helpline counselling service, along with the Kids Helpline @ School program, can help your school to address Component 4 Target Area 2: Responding to students experiencing mental health difficulties.

This Target Area involves school staff having knowledge and skills for recognising and supporting students experiencing mental health difficulties, including how to access support and make referrals.

The school also works together with families and professionals who are involved in caring for their students’ mental health and wellbeing.

You may meet aspects of Target Area 2 by:

- providing children who may be experiencing mental health difficulties with tools and strategies to support their ongoing wellbeing.

For example, after holding a Kids Helpline @ School session on friendship for a child with anxiety or autism, further developmental skills and discussions including making and keeping friends could be built on in the classroom.

- using Kids Helpline @ School topics to help reduce risk factors and promote protective factors for students experiencing mental health concerns. For example, teaching children about making friends helps to promote a sense of belonging, teach positive social skills and increase support networks, which are protective factors for children. The Kids Helpline @ School ‘Coping with Change at School’ and ‘Developing Resilience’ sessions also encourages the development of protective factors.

- sharing information about a topic with school staff and families that can help increase their knowledge of problems that can affect children’s mental health and wellbeing.

- allowing Kids Helpline and Kids Helpline @ School to provide contacts for children and families about where to go for further help.
Mr Adam called the shots at Friday’s Athletics Carnival at the Town Oval.
CPS Uniform Shop
Girls & Boys
Summer & Winter Hats, Jumpers & Coats
Email your purchase request to: coonapsuniform@gmail.com
including your child's name and class. An invoice will be sent by
return email and items sent home with your child.
Sally Turner
0422 981 199

Coonabarabran Town Bus Service
Free for Kindergarten,
Year 1 & Year 2
Available to all students
in the town limits.
Primary students have conditions applied
depending on distance travelled.
Cost $1 per day if ineligible for free travel.
More info: 6842 2783

Coonabarabran After School Care
3.15 - 5.30pm Monday - Friday
at St Lawrence's School
Coonabarabran Public School students
catch the Rocky Glen bus.
You could pay as little as $6.50 per day with CCB.
You only pay the gap.
Check your CCB subsidy by ringing 130150.
Enrol at Family Support Services Centre
phone: 6849 2222
Affordable - Fun - Safe

Coonabarabran Physiotherapy
Matthew Rouse
Physiotherapist B.App.Sc
68 Cassilis Street
COONABARABRAN
02 - 6842 2881

Grace's Uniforms
For all your school uniform needs
From hats to socks, backpacks and shoes.
Shop 3/48 Dalgarno St
Phone: 6842 1670

Newton’s Mechanical Repairs
Daedong Tractor Sales
For all your mechanical needs
Truck or Tractor Repairs
On-Farm Service or Workshop
• Hardi Sales & Service • Hydraulic Repairs
• Air Conditioning • Rego Checks
• Spare Parts • Consignment Sales
6842 1167
Crane St, Coonabarabran

XLR8 promotions
For all your promotional products and apparel
Trophies Clothing Embroidery Bags
Printing Headwear Graphic Design Signs
Sporting Equipment Uniforms
(02) 6842 3663
Email: info@xlr8promotions.com.au
www.xlr8promotions.com.au

N & L Computer Repairs
COONABARABRAN
Norm Arkell
Ph: 02 6842 1497 • Fac: 02 6842 4655
Mobile: 0418 421 697
Email: nandl@fcollect.com.au

Coonabarabran Junior Rugby Union
Coonabarabran Carnival
Sunday 3rd August
* Team Photos prior to Registration at 9:00am *
Contact: Megan Clifton
Ph: 6842 8259

Coonabarabran Physical Culture Club
Fun, Fitness and Friendship
Classes on Thursday afternoons & evenings
for ages 3 through to Ladies
Contact: Leanne McWhirter
Phone: 0439 853 832

Coonabarabran Pony Club
Next Rally:
Sunday 3rd August
commencing at 9:00am
Committee Meeting:
Wednesday 6th August
7:00pm at 'The Hut'
Contact Lucy Evans
ph: 6842 3636

FOX Electrical Installations
Sebastian Fox
Licenced Electrician
0407805164
A/H 68434495
foxelectrical@outlook.com